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HAVE A FUN & SAFE INDEPENDENCE DAY!



Pacific County 4th of July Field Guide









Pacific County will be packed with visitors. This year the fourth of July falls on a Thursday

and there is no rain in the forecast. Expect and prepare for increased drive times, heavy traffic, limited parking, distracted drivers or pedestrians, and exploding fireworks. Bridge construction zones and accidents will likely increase traffic congestion. Prepare by fueling up before you head out. Make sure you have a vehicle emergency supply kit and bring along extra water, snacks, and good music. Try not to drive if you can help it.

Sparklers burn at around 2000 degrees and can cause serious injury. Children should not

handle sparklers or any other fireworks without sober adult supervision. Never place your body over fireworks while lighting, and move back quickly after ignition. Never carry fireworks in your pocket. Light fireworks one at a time and never try to pick them up if they don't ignite. Never shoot fireworks out of your hand or any metal or glass container. Have a fire extinguisher and water source nearby and douse spent fireworks with water before disposing of them.

Many people lose their pets during fourth of July festivities. Pets are easily scared by firework explosions or other loud noises. The flashes of light associated with fireworks are also terrifying to many pets. Panicked pets often attempt to flee or hide and can be dangerous to themselves or others in a frantic state. Be aware that animals in a frantic state are capable of breaking through windows or jumping over fences. Pets should be kept in a secure location, ideally a quiet and dark place indoors with plenty of food

Those heading to Pacific County beaches need to be prepared for a number of hazards that arise

and water. Try to keep pets confined separately.

as thousands of people gather on foot and in vehicles to celebrate with fireworks, bonfires, and intoxicants in close proximity to one another. Constantly assess the situation around you and watch out for exploding fireworks and reckless drivers. Move out of the way of emergency vehicles and prepare a clear description of where you are located on the beach in case you need to call for assistance. Bonfires must be at least 100' west of the dune grass line and are limited in size to 4'x4'x3'. Fireworks may not be discharged within 150' of the dune grass.



Minor Burn Care IOI

In responding to burns, remove smoldering clothing unless it is stuck to the skin. Cut burned clothing around the burn and never attempt to remove shreds of tissue or break blisters.

Elevate burned extremities above the heart. Stop progression of the burn by cooling skin or clothing. Immerse the wound in cool water for no more than a minute or cover with a clean compress that has been soaked in cool water and wrung out. Loosely cover with dry, sterile dressings to keep air out, reduce pain, and prevent infection. Watch for signs of shock.

Never use ice to treat a burn. It causes vessel constriction. Do not apply antiseptics, ointments, or other remedies which can initially intensify the severity of the burn. Burn injuries can be serious or life-threatening. Severe burns that destroy more than just the outer layer of skin should be treated by trained medical personnel right away.

Beach Clean Up July 5th!



HAPPENING AT ALL MAJOR PENINSULA BEACHES - 9:30 a.m.

To learn more about the Grassroots Garbage Gang check out: www.facebook.com/ GrassRootsGarbageGang

Join the Grassroots Garbage Gang and PCE-MA AmeriCorps Member Lea Reuss on July 5th at 9:30 am on all major peninsula beach approaches to clear debris left over from the 4th of July festivities. Volunteers can go to any of the approaches and get garbage bags and gloves.

Help community volunteers and visitors remove the large amounts of trash and debris left after the holiday!

Traffic & Crowds

The Beach

Fire Works

Pets

AmeriCorps Application Open Until July 26th

PCEMA is seeking qualified candidates to become an AmeriCorps service member to support the Disaster Preparedness Public Education Outreach project. The member will build and strengthen the local volunteer base by developing a strong public education outreach program to enhance disaster preparedness and response needs in Pacific County communities.

AmeriCorps program benefits include a living stipend, health insurance, childcare assistance if eligible, training, and an education award upon successful completion of service term. The service term begins September 1, 2013 and ends July 15, 2014.

Desired qualifications include a working knowledge of Microsoft Office products including Outlook, Word, Excel, Publisher, and PowerPoint, in addition to a working knowledge of office equipment. Other desired qualifications include the ability to communicate effectively and independently in written and oral form with a variety of community groups, agencies, and officials. The applicant should be able to lift up to 40 lbs. Experience in emergency management, community involvement, and/or education is preferred but not required.

To be eligible for the AmeriCorps program, applicants must be a US citizen or lawful permanent resident between the ages of 18-25 at the start date of the service term. A high school diploma or GED and the ability to pass a criminal background check are also required. Those listed on the National Sex Offender Public Registry will not be considered.

Applications will be accepted until July 26, 2013. To apply, please visit: <u>https://my.americorps.gov/mp/listing/</u>

viewListing.do?id=50690&fromSearch=true

For more information about AmeriCorps visit: <u>http://</u><u>www.nationalservice.gov/programs/americorps</u>.

If you have questions about the PCEMA Ameri-Corps service member position or project, contact Denise Rowlett: <u>drowlett@co.pacific.wa.us</u> or 360-642/875-9338

Compensation:

- Living stipend of \$1,155 per month (before taxes)
- Training and experience
- Subsidized childcare (if qualified)
- Health Insurance (member only and if no other health insurance coverage)
- Student loan forbearance (on qualifying loans)
- \$5,550 Education Award provided by National Service Trust (upon successful completion of service term commitment and 1700 hours of service)

Disaster Supply DIY

Homemade beef jerky is a tasty addition to any emergency supply kit! Choose your own blend of spices for a personalized flavor or follow the standard recipe below. Vacuum pack-style storage is ideal.



INGREDIENTS

Beef Jerky

- 4 lbs London broil beef, flank steaks, or round steaks
- 2 teaspoons black pepper (ground)
- 2 teaspoons chili powder
- 2 teaspoons garlic powder
- 2-3 teaspoons cayenne pepper
- 2 teaspoons onion powder
- 2 tablespoons brown sugar
- 1 teaspoon liquid smoke
- 1/4 cup soy sauce
- 1/2 cup Worcestershire sauce
- 1/2 cup Louisiana style hot sauce (if you want it spicy)

DIRECTIONS

- Trim the fat off the meat.
- Cut the meat into 4 inch wide strips.
- Lightly pound out meat until it is 1/2 inch thick.
- Mix wet and dry ingredients together in a large bowl.
- Marinate meat. Cover and refrigerate 8 hours.
- Line cookie sheets with foil and place meat on sheets without overlapping.
- Bake for six hours at 150-170 degrees, turning the meat after three hours.
- The jerky is done when the meat is dried out!

Ocean Swimming a Bad Idea



Swimming in the ocean is very dangerous at Pacific County beaches. Rip currents that run perpendicular to the beach and longitudinal currents that run diagonally are strong and can overtake even the most experienced swimmers.

Submerged channels and crab holes are deep and cannot be seen above the water. Even small waves have the force to knock a person off their feet. Once a person loses their footing, they are at the mercy of the

currents. Small children and pets are especially susceptible to strong "sneaker waves" that appear without warning.

Low-water temperature means that hypothermia can set it rapidly. Logs and other large debris present in the surf can cause crushing injuries and drowning.

19 Firefighters Lost

19 Firefighters were killed while responding to the Yarnell Hill wildfire on June 30, 2013. All were members of the Granite Mountain Hotshots, a specialized group from the Prescott Fire Department. Many of the men were in their twenties and early thirties.

Hundreds of fire personnel and incident command staff are still in response to the Yarnell Hill wildfire which covers thousands of acres of drought-stricken land in Arizona. This wildfire has progressed to the point that the federal government has joined control efforts.

As of July 2, 2013, the US Forest Service reports 31 large wildfire incidents across the west and Alaska. Southern Oregon has four incidents and southern Idaho has three. There are no wildfires occurring in Washington, though they may become an issue later in the season.

Wildfires can occur in Pacific County. It is important to follow burn ban directives. Those traveling into areas experiencing dry conditions, thunderstorms, and strong winds should be prepared to quickly evacuate a wildfire.

AHAB Sirens Coming to Raymond and South Bend

Two All Hazards Alert Broadcast (AHAB) sirens will be installed the week of July 15th at the Raymond and South Bend Fire Departments.

In the best weather conditions, each siren is capable of reaching a 4500' diameter area with both a siren tone and voice message. Actual transmission area coverage will be dependent on humidity, wind, and other weather related conditions.

Testing of the system occurs on the first Wednesday of each month at noon. During the test the sirens will sound the Westminster Chimes for 10 seconds followed by a 15 second verbal message stating, "The following is a test of the siren system. It is only a test. This is a test of the siren system. If this had been an actual emergency you should tune to your local radio station or listen to this system for further instructions. This was only a test."

In an actual event, the AHAB sirens will sound a wailing tone for three continuous minutes, and may be followed by a verbal message. Sirens are not designed to be heard indoors and the sound may also be impacted by adverse weather. Residents are encouraged to have alternate methods of warning such as NOAA weather radios, which are tested weekly and can be heard indoors.



AHAB Siren being installed on U Street in Ocean Park.

Citizen Corps Expo

The 7th Annual Northwest Citizen Corps Expo will be held August 10, 2013 from 8:00 a.m. to 5:00 p.m. at the Washington State Fire Training Academy in North Bend. Join with Citizen Corps volunteers from across the state and spend the day learning, training, and practicing your skills with other preparedness folks!

To register visit http://www.nwcitizencorpsexpo.com/.

Emergency Kits Available

PCEMA has several emergency supply kits available for low income families of Pacific County. Kits can be picked up at the PCEMA Office (300 Memorial Drive in South Bend) by appointment only. Kits are limited to one backpack per family and will be distributed on a first come first serve basis. Recipients must meet the income guidelines listed below.

Supplies to create the kits were donated by Pacific County residents in a disaster preparedness supply drive that was held in January at area businesses. Some of the supplies gathered include 101 bottles of water, 26 flashlights, 13 fleece blankets, and 50 knit hats, among various other items.

Household Size

Annual Income

1 PERSON		\$31,050
2 PEOPLE		\$35 <i>,</i> 450
3 PEOPLE		\$39,900
4 PEOPLE		\$44,000
5 PEOPLE		\$47,850
6 PEOPLE		\$51, 40 0
7 PEOPLE	→	\$55,950
8 PEOPLE		\$58,500

Calling All CERTs!

Have you completed CERT (Community Emergency Response Team) or MYN (Map Your Neighborhood) training? If so, PCEMA wants to know! Please contact Ameri-

Corps Member Kirsten Harvill via phone or email. Be sure to include your name, address, phone number, and the date training was completed in emails and voicemails.



To join PCEMA's CERT program, contact PCEMA AmeriCorps Member Kirsten Harvill: <u>kharvill@co.pacific.wa.us</u> or 360-642/875-9409

Amateur Radio Field Day on the Beautiful Willapa Bay







On June 22, 2013 the Pacific County Amateur Radio Club (PCARC) held its annual field day event at the Port of Peninsula in Nahcotta.

Participants made contact with other amateur radio operators enjoying field day from across the nation.

Want to participate next year? Get in touch with PCARC. The group meets at 9:00 a.m. on the second Sunday of the month at the Hunter's Inn in Naselle. The talk-in frequency for the meetings is 146.860- (118.8 Hz PL tone required) or use the BeachNet system.







To learn more about Radio Amateur Civil Emergency Services visit: <u>http://www.usraces.org/</u>

To learn more about Pacific County Amateur Radio Club visit: <u>https://www.facebook.com/</u> <u>groups/316102445042/?fref=ts</u>

MIN 1 Pacific County Emergency Management Agency

UPCOMING EVENTS:

AHAB Siren Test - First Monday of the month @ noon PCARC Meeting - Second Sunday of the month @ 9 a.m. - Hunter's Inn, Naselle Emergency Supply Kit Distribution - Schedule a Pick-Up Beach Clean Up - July 5 - Page 2 AmeriCorps Application Due - July 26 - Page 3 Citizen Corps Expo - August 10 - Page 4

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Online & Social Media

- @PCEOCNews Text follow PCEOCNews to 40404 to "fast follow" on your mobile device.
 - http://www.facebook.com/PCEMA
 - http://www.pcema.blogspot.com/

http://www.co.pacific.wa.us/pcema/

To join PCEMA's Weather Warning List email Denise Rowlett: drowlett@co.pacific.wa.us





Sheriff's Office on Twitter: @PCSOWA On Facebook: www.facebook.com/PCSOWA

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